

THE IONA SCHOOL & NURSERY

Healthy Eating and Food Hygiene policy (revised April 2018)

Prepared with reference to; Food Policy in Schools A Strategic Policy Framework for Governing Bodies Revised September 2007

Food handling, preparation and serving in the classroom – Food Standards agency

Active, growing children and young people require plenty of wholesome food and regular meals. At The Iona School, we believe that we can offer something that will satisfy everyone. We work with our suppliers to make as much use as appropriate of organic, natural food products and fair trade produce and to eliminate GM food and potentially harmful food additives. We ensure that our suppliers, local and national are committed to providing best quality and value, with the highest standards of accredited health and safety.

A Hot, homemade two course vegetarian lunch is available to nursery, kindergarten and the older classes.

An up to date menu is available to view on our website or from the office. Our meals are prepared using fresh ingredients from local suppliers that are delivered daily. Because of this we may very occasionally have to alter the menu slightly.

Breakfast is provided in our Breakfast Club, which is usually cereals.

Afterschool club get a healthy snack, usually with home-made bread and fruit.

Nursery children get organic cereal for breakfast or porridge, the aforementioned lunch, morning snack of fruit and rice cakes/corn cakes/oat cakes and afternoon tea, this can be any of the following home-made bread, spreads, fruit, home-made scones, crumpets, humus and crudities, pasta bakes or soup.

School Children may bring in a healthy snack for break time.

No nuts or fizzy drinks are permitted though out the school or nursery

DRINKING WATER

In the school and Kindergarten

Each classroom has access to water all the taps labelled **drinking water** have filters fitted at source.

All children are able to have water as and when they require it. This is also provided at meal times.

In the nursery

In the nursery children have their specific 200ml water bottles. Staff offer children regular drinks throughout the day in between meal times, even when they are not requested.

This is noted on a daily chart to ensure children are getting regular water during the day.

ALLERGIES AND SPECIAL DIETARY REQUIREMENTS

Parents of children who have allergies to any food product, or who have special dietary requirements, are asked to make this clear in the medical questionnaire which they complete when their child enters the school. They should inform the school at once if their son or daughter subsequently develops an intolerance of any food. Photos of children are displayed alongside their requirements in a prominent place to enable all catering staff to identify children with special requirements.

The School does not use NUTS in any part of its cooking or does not allow them in food prep areas

HEALTH AND SAFETY

We recognise that compliance with health and safety is fundamental to any catering operation. We attach the highest importance to ensuring that we are compliant with EU and UK legislation at all times. Overall responsibility for the catering function (including health and safety) lies with the Head Teacher.

All of our food staff have Food and Hygiene certificates. Our kitchen complies with all relevant Health and Safety requirements and we have a Hygiene rating of 5.

MANAGEMENT OF FOOD SAFETY

In managing food safety, The Iona School & Nursery will:

Staff Training

- Require all staff that assist with food preparation to possess a basic food hygiene certificate.
- Ensure that all appropriate staff have clearly allocated responsibilities, which they understand
- Maintain records of training.
- Conduct annual refresher training.

Staff Uniforms and Personal Hygiene

- Ensure that all staff wear their appropriate protective clothing, at all times when they are in areas where food is prepared and served.
- Ensure compliance with the hand-washing or hand cleansing regime at all times.

Monitoring Compliance with Procedures

- No nut products allowed in the school kitchen
- Monitor the staff in order to ensure that food safety and management procedures are followed without exception.
- Ensure compliance with a daily cleaning and disinfection regime.
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Monitoring incoming supplies

- Inspect (or ensure that an authorised member of staff inspects), temperature checks, where appropriate, and signs for all incoming supplies and stores before acceptance.
- Reject any non-compliant items.
- Arrange for the safe transit and proper storage of food supplies.

Food Preparation, Serving and Consumption

- Inspect all areas where food is prepared, served and consumed for cleanliness and hygiene at both the start and end of every meal.
- Monitor the dining room, counters, for dirty plates, cutlery etc, together with the containers/bins for waste food throughout the service of every meal.
- Ensure that all spills are dealt with promptly and safely. If necessary, cordon off areas of the floor that have become slippery.
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Purchasing and Checking Stock

- Ensure that food supplies are only purchased from a reliable and authorised source.
- Check all that all supplies used are in date and undamaged.
- Check that stock is properly stored as soon as it arrives.

Equipment

- Report all equipment failure to the school manager as soon as it is discovered.
- Ensure all chopping boards, surfaces are not worn or broken
- Do not use chipped crockery, always ensure all items are clean

First Aid

- Ensure that the kitchen first aid box is kept fully stocked in accordance with professional recommendations.

Signage

- Display the appropriate First Aid, COSHH and Emergency notices.

Waste Disposal

- Arrange the hygienic disposal of waste in accordance with recommended practice.

This policy will be reviewed (and if necessary revised with the approval of the School Management Team) on an annual basis.

Issue date

This policy takes effect from May 2014

Review date

This policy will be reviewed and revised by the school manager on an annual basis.

Endorsement

Full endorsement to this policy is given by:

Name: Mr Martin Taylor _____

Position: Iona School Trustee _____

Signed:  _____

Date: 18/04/18 _____